



Every woman deserves
safe, respectful care
during pregnancy.

mysistersbaby.com.au



Around the world, millions of women navigate pregnancy without medical care or a safe place to birth.

That means no pain relief, no trained attendants, no access to a caesarean section, and no drugs to safely treat complications.

Just \$200 can change that.

With your support women in lower and middle income countries will have access to:



A safe place
to birth



Trained
attendants



Caesarean
sections



Pain relief &
drugs to treat
complications

As you prepare for the birth of your child, we invite you to support a woman on the same pregnancy journey as you, by donating to one of the My Sister's Baby supported charities.

These trusted foundations operate on the ground in low and middle income countries, to provide vital medical support to mums living without access to healthcare.

Give today:



Your gift supports

Barbara May Foundation

Since 2009, the Barbara May Foundation has been working in remote areas of East Africa, providing expert medical care to pregnant women. Through building hospitals, training local midwives, and empowering local teams, they are transforming the pregnancy experience for the women they serve. The foundation offers a safe and respectful environment for pregnancy care and birth. Their outreach programs reach thousands of women each year, significantly reducing the risks associated with childbirth in these communities.



Every year more than 300,000 women die from pregnancy and childbirth related conditions.

That's the equivalent of every mother giving birth in Australia each year.

My Sister's Baby is a collective of Australian doctors, midwives and hospitals dedicated to improving women's health in lower and middle income countries. We do this by raising awareness and funding for organisations who provide essential healthcare for women in pregnancy and childbirth on the ground.

Our vision is to see **every woman** able to access the facilities, skills and care needed to safely deliver their baby, and begin the parenting journey with joy and confidence.

*Because **no one** should have to do this alone.*

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Make it happen.
Give today:

